



Do you like lively, juicy, free-flowing conversations that:
...are full of laughter & life, humour & seriousness, entertainment and enlightenment?
...expand our awareness and our understanding of ourselves and each other?
...open us up to the possibilities in ourselves, in each other and in life?
Yes? Play the game!

PAST PLAYERS' APPRECIATIONS

Matti Anttila,
Certified Laughter Yoga Teacher. Victoria, BC, Canada

Bill Hanson's Appreciation Game is a unique and valuable experience.

In a friendly home setting, it caused us to look for answers to some of life's persistent questions, and come to a consensus answer.

That sounds simple enough, but there are two bits of genius in the Appreciation Games rules.

- 1) The game asks for consensus rather than a majority vote on what the answer should be. This builds in a structure to ensure that each person's viewpoint is heard.
- 2) The answer does not have to be the **right** answer, just an answer everyone can agree on. A wonderful thing happened to me because of this rule. First, I searched inside to see what **my** answer is. Then, I strongly voiced my opinion. In the following debates on each question, I noticed my ego wanting to impose my answer, the one I felt was the correct one. Slowly, it dawned on me what my ego was doing and started to listen more closely to others opinions and searching for common ground.

This is where Bill, as the moderator, was able to pull us back to the goal of the game. We did eventually find answers we could all agree to.

In the process of doing that, we learned a lot about each other, we shared some great laughs and connected with each other on a wonderful emotional level.

The word "game" conjures up images of highly competitive sport but the Appreciation Game is like a counterbalance to competition. Instead the game shows a way to cooperate with others to reach a mutually agreed upon goal. In the challenging times we live in, this cooperative skill can help to serve us and the world in new ways.

Many thanks to Bill for creating this unique way to interact with each other in a social setting.

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Junie Swadron,
Writer and writing workshop facilitator

I so enjoyed the game. Meeting new people, having dynamic and stimulating and friendly conversations. I think the Appreciation Game is brilliant - learning and appreciating each person's unique ways of thinking and yet finding common ground among all.

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Dorothy Liptrot,
Rehabilitation Service Provider
Advocate & Volunteer for the disabled population
Coach for new business start-ups

I'd like to be a permanent visitor to the game. It's an awesome way for me to expand my much needed circle of friendships, and it's an excellent way for me to continue to sort and discard the unwanted issues in my own life.

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Chris Gower-Rees,

Retiree, Boater & Phungai, Victoria, BC

The bottom line is that I had fun playing the Appreciation Game. Beyond that it was very thought provoking and the social aspect was great. I made meaningful connections with others quickly and easily and I felt free to express my opinions on a variety of subjects because the game encouraged everyone to do so in a very non-confrontational way.

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Mike Ray,

Whole Life Coach, Victoria, BC

"The appreciation game is like a fertile garden. It brings together people along with the opportunity to explore themselves more deeply in a very fun and light hearted way. I met incredible people, practiced appreciating them and had a whole lot of fun"

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Janine,

Victoria, BC

I've played the appreciation game with a group of strangers, long-time friends and colleagues from work. This game is fun, easy to learn and brings out the best in people. As the focus is recognition of positive qualities of each individual player, this game has the power to develop our intuition, imagination and appreciation for diversity. It left me with a wonderful warm fuzzy feeling of friendliness towards all.

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Heather Cripps, B.A. (Pshch), C.P.C.,

Victoria, BC

I met Mr. Hanson at the Chamber of Commerce HOST meetings, where he first talked to me of his idea. As a therapist, I am always looking for various tools to use in my practice to help clients come to resolution, and I was intrigued by the possibilities of his game. I can readily see its value while working with couples, in workshops where communication is an issue, and in groups of social phobics, all of which I treat. I intend to use Mr. Hanson's game for these populations, and for whatever other population I may deem it applicable.

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Lynn Mcvor,

Justice of the Peace, Victoria, BC

"Appreciation" encourages all persons to be positive. It's a unique, fun game which always ends up a Win/Win. One walks away from an evening of "Appreciation" in an uplifted state. The term "stressed out" is heard so frequently nowadays; this game is definitely a de-stressor and, therefore, a must. I have no hesitation in recommending "Appreciation".

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To be notified of updates to the game's procedures or of other news of the game and its development
Please email: ag-admin@crucible.ca Subject: "Update Notifications"